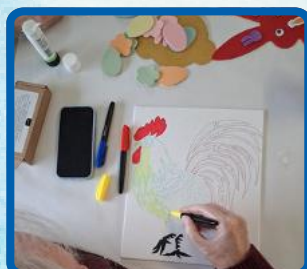
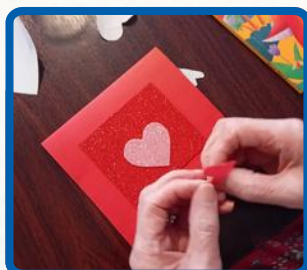




THE Alzheimer
SOCIETY OF IRELAND



2026 Activities Newsletter



As spring draws to a close and we begin to welcome the light and promise of summer, we're delighted to share our Spring Activities Newsletter.

Over the past few months, the Alzheimer Society of Ireland community has embraced the season with energy, creativity and connection. From festive celebrations and thoughtful workshops to outings, gardening and moments of shared joy, spring offered countless opportunities to come together and enjoy life's simple pleasures.

In this issue, we look back on the activities that made this spring so special, capturing the laughter, colour and companionship that filled our centres and communities. These moments remind us of the power of connection and the importance of creating meaningful experiences together.

Thank you to everyone who took part, supported, and helped make this spring such a positive and memorable one. Your warmth and commitment continue to shape a truly vibrant community.

As we step into summer, we carry these moments with us and look forward to all that lies ahead in the months to come.

Alzheimer Society of Ireland

Clonmany

Valentine's day was celebrated in Clonmany DC by creating some heart warming cards for their loved ones.



And as always, Clonmany loves to get creative.



For the Love of Daffodils



Love was in the air this Valentine's day in Multyfarnam. With cards and love heart notes being made to decorate the centre.

The creativity doesn't stop there. A great time was had creating beautiful daffodil art and reading the famous poem by William Wordsworth.



A little further north in Ballyshannon they grew some stunning daffodils with the social club.



The Orchard

Love was all around us in The Orchard this February with lots of creative activities to inspire beauty, love and connection.



Valentine's Art



And in the Sligo Cogs Club they had a great time chatting and making these fab cards for their loved ones.

Pancakes in Cavan

Nothing beats making pancakes on Pancake Tuesday. A whole day where no one questions it if all you eat is pancakes!? Count us in. Maybe next year we'll join our friends in Cavan who were cooking up a storm.



Denim Day in Adare

The staff in Adare had a great time donning their denim and celebrating Denim Day back at the end of February.



Limerick



In Limerick our great friend Helen Sageo had everyone in Adare hard at work creating a beautiful artwork of our logo. Isn't it fabulous.



Limerick



St. Patricks Celebrations in Cavan



In Cavan, they know how to party. Wouldn't you have loved to be part of this wonderful and green Paddys Day celebration? We know we would!

Spring in Carandonagh

Arts, crafts, cakes and games have been the top of the agenda in Carandonagh this season. Looks like a lot of good times were had by all.



Newtowncunningham

Our friends in Newtowncunningham DC have been working on these lovely spring bonnets. What a fab accessory for the season.



Spring In Macroom



In Macroom, they know how to celebrate the Spring, music, planting, games, art and celebrations. What a way to welcome those longer days.



Spring In Leitrim

Some fab pieces of artwork from our DC at home carer, Fiona, in Leitrim. Fiona loves to get creative with the clients and explore different crafts.

She even created this stunning card with a fresh daffodil and foliage, along with foam stickers to really bring nature in.



We love these fun easter nests. Bringing the outdoors in is always a relaxing way to get creative.



Crafty Easter Celebrations in Buncrana

Buncrana are never short on creativity. We love all the colours and fab artworks. Our favourite is the chap on the swing. How wonderful.



Easter in Carandonagh



The Carandonagh Social Club group enjoyed tasty treats over the Easter season and painted colourful Easter bags and even tried a fun shape matching game to help boost memory, a fantastic time full of creativity and smiles all around.

Who Said Not to Play with Food?

It's always fun to use different things to create pieces of art. We love the use of pasta, buttons, beads and chocolate here to create these lovely Easter-inspired works of art.



Easter In Cavan

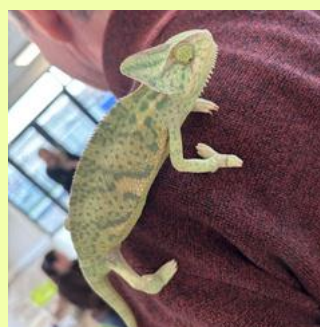
The grey clouds didn't stop our friends in Cavan from going on an egg hunt. One of our favourite things about easter is the tradition of an egg hunt, great fun for every age. Especially when followed by art, and games with a cuppa and friends.



ART, CAKES AND... SNAKES? IN LETTERKENNY



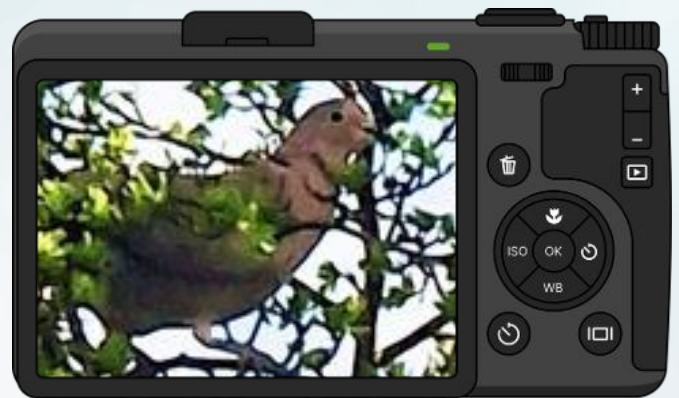
Who doesn't love a chocolate-covered strawberry? Or getting creative both in the kitchen and the art room. All made even better when our furry and scaly friends come to visit. It's always great fun with animals are brought into our centres.



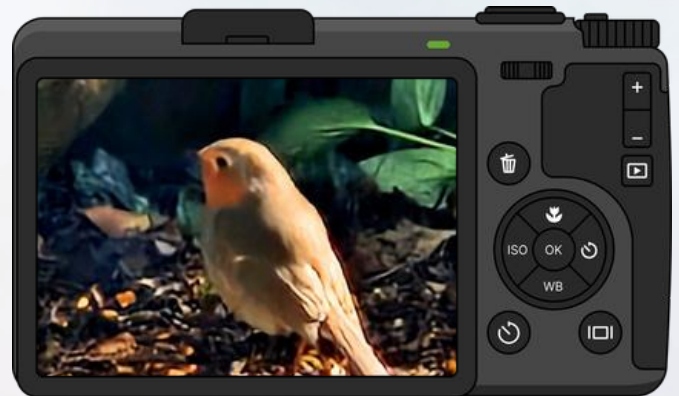
Creativity and Celebrations

One of our clients in Leitrim and our day care at home carer were doing some bird watching at the client's home and they were surprised to see the garden so full of life on a sunny Spring Day.

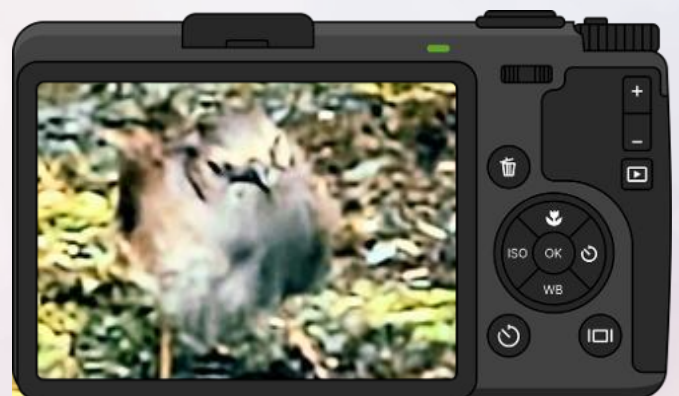
The collared dove in the hawthorn, fresh leaves, soft blue sky, watching the world below.



The robin in the patch of sunlight, perched on twigs with all fallen leaves and petals around.



The dunnock a shy garden bird grey, brown feathers, wet soil, fallen leaves, twigs, foraging in moss.



Visits and Fun at Bessboro

Lots going on in Bessboro over the spring, movie nights, fundraisers and even a visit from Swiss students. Our friends in Cork were having a fantastic time.



Club Notes | Referees To Hold Charity Cycle For Alzheimer's Society of Ireland

14th May 2026 / By The Editor



A team of referees from across the province are saddling up to take on the 100Km cycle from Virgin Media Park to Thomond Park this Saturday, May 16th, to raise vital funds and awareness for the Alzheimer's Society of Ireland.

of 20 will begin their journey in Sundays Well RFC before travelling to Mallow RFC, Charleville RFC, Garryowen



Cavan Activity Club

It must be said there is never a dull moment at the Cavan Activity Club, every day is filled with laughter, colour, activity and connection. There are also lots of tasty treats thrown in as well.

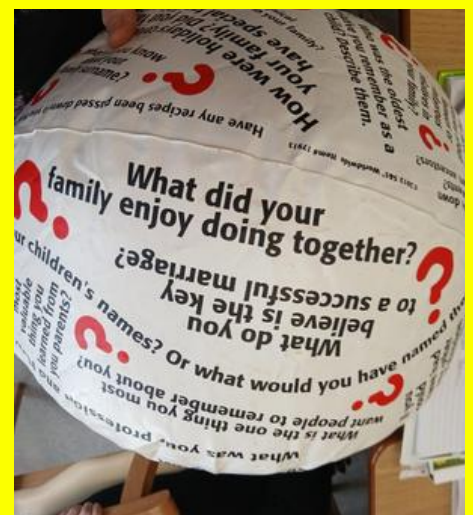


Cavan Activity Club

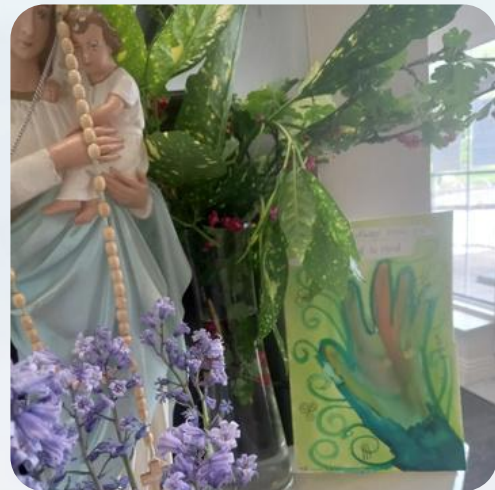


Family Trees in Cavan

In Cavan, they had a great time talking about their family roots and where they came from. They even had this great activity ball full of fun questions about life, to prompt discussions.



May Day in Adare



Some fabulous May Day celebrations in Adare at the start of the month. What a beautiful tribute to Mary.

TEA DAY





THE **Alzheimer**
SOCIETY OF IRELAND

There is really nothing like Ireland in the Spring. Congratulations to all on some fantastic and creative activities.

To be featured in our next issue “Summer” please send photos & stories to alison.mccarthy@alzheimer.ie
Please include all activities, from outings to DC visitors, and of course seasonal fun. **Deadline Friday, September 4th.**