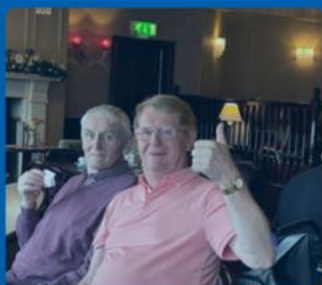


THE Alzheimer
SOCIETY OF IRELAND

SUMMER

ACTIVITIES NEWSLETTER





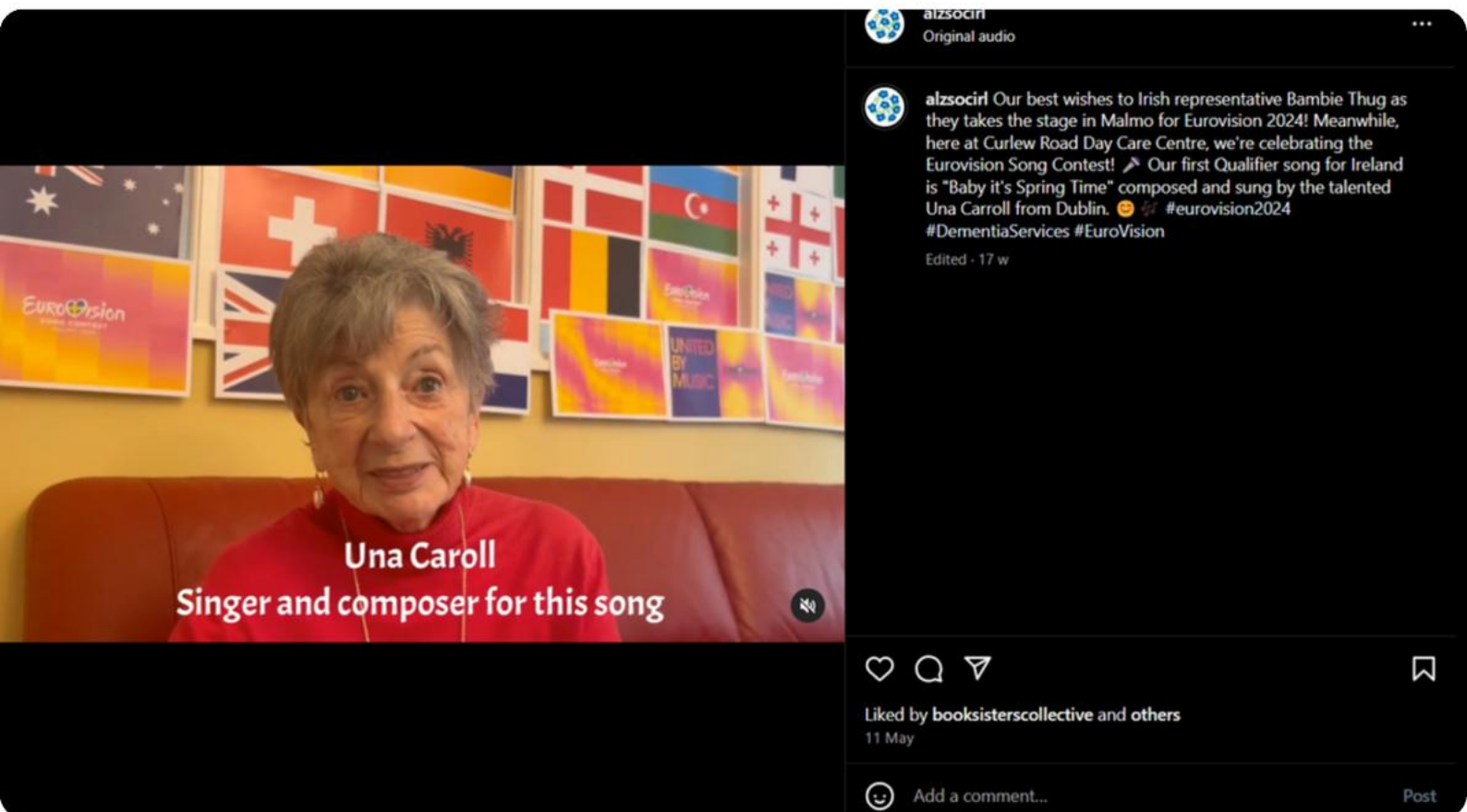
Wow, what a summer! The ASI Day Centres, Social Clubs and Day Care at Home providers have had their calendars full with a host of fantastic activities. Though the sun wasn't always shining that didn't stop our determined service users from having a great time. Below are *just some* of this summer's highlights.

Spotlight!

CURLEW ROAD DAY CENTRE

Curlew Road really pulled out all the stops this summer with an endless array of events to tie in with National and International summer festivities. Starting off the summer, the day centre, held its very own Eurovision! Check-out service user Una Carolls entry for the prestigious song contest with her original song "Baby It's Spring Time":

<https://www.instagram.com/p/C60odSSrvVv/>



Curlew Road followed this up with a host of fun-filled and reflective events for their services users which included - A Mary Queen of May Celebration; Bloom in the Park; a Curlew Olympics; PRIDE and who could forget the Rose of Tralee. What a wonderful array of events.



But Curlew Road isn't the only one having fun.

ROSE COTTAGE

Rose Cottage has been out on some wonderful adventures. With a trip to Mary Aikenhead Heritage Centre at The Hospice, Harold's Cross, and an outing to Bray where fish and chips were the main things on the menu. Closer to home they worked on their gardening and had an in-house fun-filled activities day with lots of singing and cake!



Adventure Awaits

As we all know getting out and about is really important for us all, so that's just what some of our services did this summer.



Bessboro Day Centre attendees headed out west, for a brilliant day of sightseeing and a seaside picnic in Cobh.

From Ballyvourney Day Centre to "Top of Coom," Ireland's highest pub. A fantastic day was had by all with a lovely lunch sitting 'on top of... Coom'



Our Mullingar Social Club took to the roads and had a lovely day out at the Abbey Blooms Botanical Gardens despite the Irish weather



The service users at Cavan Day Care were in for a treat at the Cavan Country Museum where they enjoyed a guided tour followed by a four-course lunch at The Lavey Inn Hotel.



Our Adare Day Centre Service users were in for a surprise when their friends from Garryowen Day Centre decided to pay them a visit while on an outing at the village in August.

And it wasn't just the Garryowen gang that got out and about. Our Adare service users also headed off to the village to light candles for loved ones in the church and on then, for a walk in the park and a visit to the old dove cote.



And a wonderful day was had by all from Clarinbridge Day Centre when they headed out to SCCUL Sanctuary for a day of R&R among its fantastic woodlands.



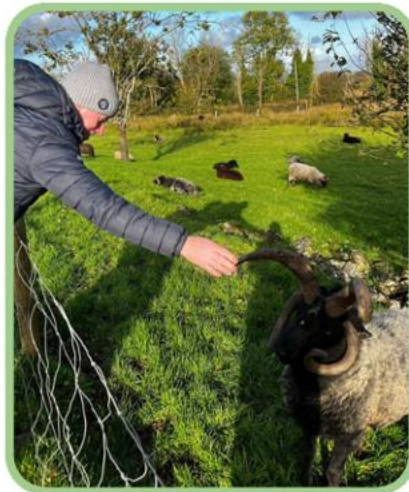
The ladies from Mountrath headed out for a day full of fun, trains and pie in Rathdown. Summer really is made for days like these.



In July and August, groups from Birr Day Centre had two lovely outings to Woodfield Garden Centre and Cafe. The trips were filled with good company, delicious food, and plenty of smiles all around.



A trip to the Shed Distillery in Drumshanbo brought smiles and great memories for the Mohill Social Club. The group enjoyed learning about gin, sharing stories, and making the most of a summer day out together.



The Sligo Activities gang headed down to Eagles Flying for a day trip with the animals. There's nothing like seeing nature in its element. And the team at Eagles Flying really help you get up close and personal with the animals and a lot of new friends were made.



Easkey Day Centre

Easkey Day Care Centre took their clients on a memorable day trip filled with joy and nostalgia! They started at the Cathedral in Ballina, lighting candles, singing hymns, and witnessing a touching reunion for one of their clients.

The trip continued at Belleek Castle, where lovely memories of a past wedding reception came flooding back for one of the day trippers.

A scenic drive along Killala Bay led them to a delicious lunch at the Ocean Sands Hotel in Enniscrone, complete with ice cream enjoyed by all. They ended the day with a peaceful visit to the Cairns shrine. A wonderful time was had by everyone!



#Smile!



Visitors at the door

For the past five years Children from Children's House Primary Montessori have been visiting the Orchard Day Care Centre in Blackrock, Co. Dublin where they work with people over 70 living with Dementia.

The students arrived with learning materials and during the day engaged in meaningful activities with our service users. Plenty of chats are had and jokes are told, with everyone benefiting from the experience. Alexander (10) said: "They (our service users) are easier to talk to than most adults and have a lot of fun things to share. I love showing them the work because it's fun to watch them learn it".



And further south our service users in Adare were in for a treat, when the young lads from the boys school came by to play some trad tunes on their accordians. That wasn't the only music playing, Cathy McGlynn also called out to share a few tunes. A fire time was had by all!



Out with a bang!

Celebrating the end of summer is a time-honoured tradition, especially in Ireland when the last days of 'summer' are usually (not always) the best! A few of our services though were dead set on using up whatever was left of the summer feeling before the darker days set in.

Harolds Cross in Clonmacnoise services users' ears must have pricked up as they heard the much-loved song of the ice cream van as it pulled in to give everyone a summery treat.



Our Whistlemout Day Centre attendees, family, and staff all came together for a day filled with fun, laughter, and happy memories. It was a truly special time for everyone involved!



Bethany House got the family round for a fun filled summer day full of dance and laughter.



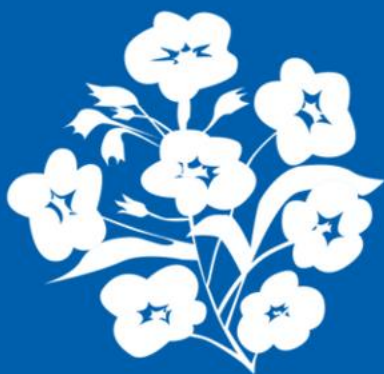
And last but no means least Aughamore Day Centre in Sligo pulled out all the stops with their fantastic Animal Show day with sheep shearing, bunnies, dogs, guinea pigs, a goat and even very adorable mice all topped off with a healthy dose of Mammy Johnston's ice cream. What a fantastic day.



Summer 2024 was truly one to remember and we are looking forward to what our Day Centres have in store for us this upcoming season.



**Congratulations
everyone on your
fabulous events!**



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To be featured in our next issue "Autumn/Winter 2024" please
send photos & stories to alison.mccarthy@alzheimer.ie
Please include all activities, from outings, to DC visitors, and of
course holiday fun. **Deadline Friday December 20th.**