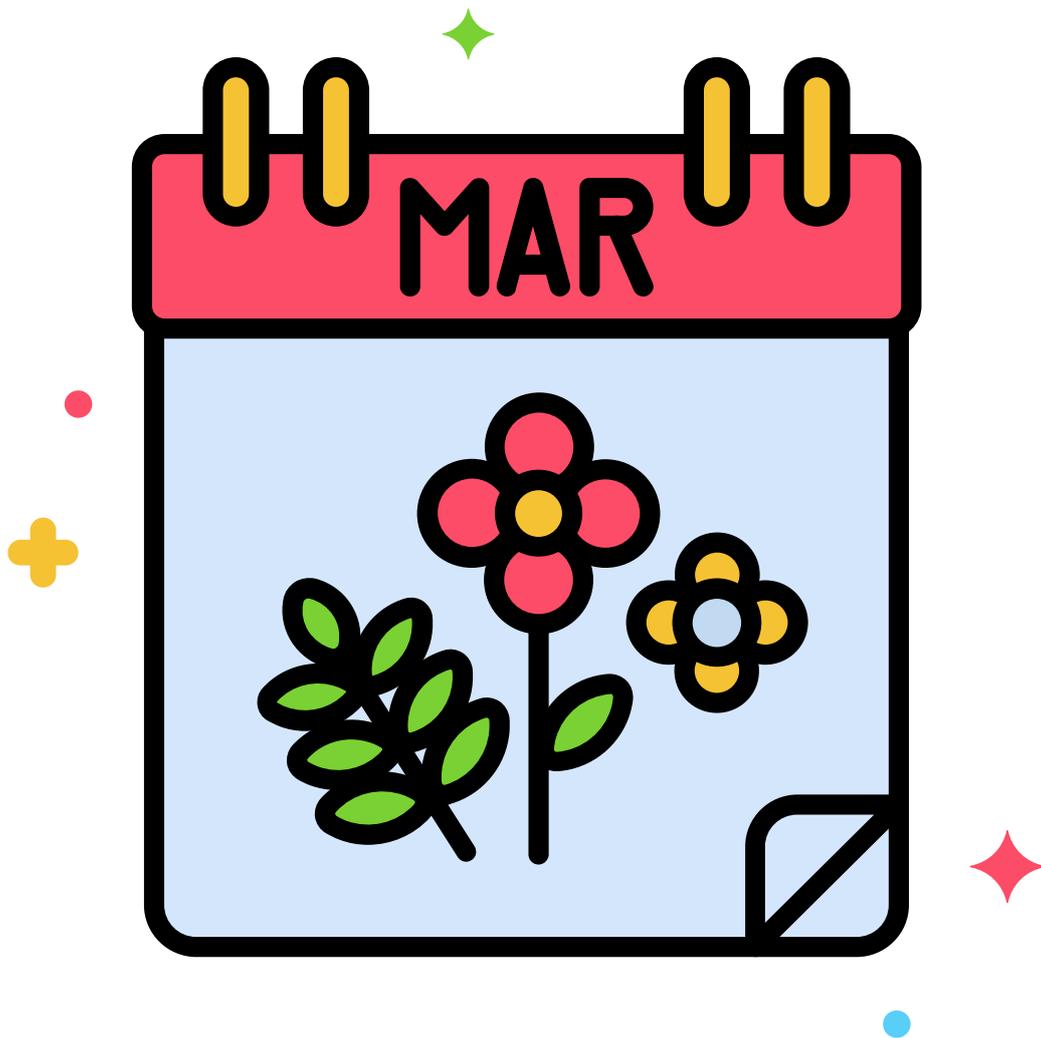




THE Alzheimer

SOCIETY OF IRELAND



2026

Calendar of Activities

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THE **Alzheimer**
SOCIETY OF IRELAND

Carlow

CABIN CAFE

In association with the Carlow Older Persons Forum

Date: 1st Tues of every month (Mar 3rd)

Location: The Old School House Barracks St Carlow R93 YW10

Contact: Margaret on 087 8380018

CARLOW SOCIAL CLUB

Date: 3rd Friday of every month (Mar 13th)

Time: 11- 1pm Location: Bethany House

Contact: Please contact friendsofasi@alzheimer.ie

LEINSTER

CALENDAR OF EVENTS



THE **Alzheimer**
SOCIETY OF IRELAND

North Dublin

CASTLEKNOCK SOCIAL CLUB

Date: Second Tuesday of Every Month (Mar 10th)

Time: 10am – 12 noon

Location: Castleknock Community Centre, Laurel Lodge Road, Carpenterstown, Castleknock, Co. Dublin. D15T3PN

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

NORTH COUNTY DUBLIN SOCIAL CLUB

Date: 1st Tuesday of each month (Mar 03rd)

Time: 11am - 1pm

Location: Bracken Court Hotel, Bridge St, Balbriggan, Co. Dublin, K32 DK88

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

CLONTARF SOCIAL CLUB

Date: Weekly on Monday

Time: 1pm - 3pm

Location: St. Anthony's House St. Anthony's Church Grounds, St. Lawrence Road Clontarf Dublin 3, D03TY23

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

North Dublin

CUPAN TAE MEMORY CAFÉ

Date: 2nd Wednesday every month (Mar 11th)

Time: 2pm – 4pm

Location: Naomh Barrog GAA Club, Kilbarrack Parade, Kilbarrack Upper, Dublin 5, D05DY65

Contact: cupantae@alzheimer.ie

MAKING MEMORIES CAFÉ

Date: Last Tuesday of each month (Mar 31st)

Time: 11am - 1pm

Location: Whitehall Colmcilles, GAA Club (Puck Lane) Collins Avenue, Dublin 9 D09 W688

Contact: Amanda.wilkinson@hse.ie 086 044 9627

COFFEE 'N' CHAT" IN ALBERT COLLEGE PARK

Date: 1st Wednesday of each month (Mar 4th)

Time: 10:30am-12:00pm

Location: The Tram Café, Hampstead Avenue, Dublin 9, D09 C6DY

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

COFFEE 'N' CHAT" IN ST ANNE'S PARK

Date: 2nd Wednesday of each month (Mar 11th)

Time: 10:30am-12:00pm

Location: Olive's Room, The Red Stables, Clontarf East, Dublin 5

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

North Dublin

SWORDS ACTIVITY CLUB

Date: Weekly Every Tuesday

Time: 10:30am-12:30pm

Location: Liam Rodgers Community Centre, Feltrim Road, Swords, Co. Dublin, K67
A0Y1

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

South Dublin

UNDER 65 FAMILY CARER SUPPORT GROUP

Date: Last Tuesday of each month (Mar 31st)

Time: 8pm and 10pm.

Location: Clonmacnoise Day Care, Our Lady's Hospice, Harold's Cross, Dublin 6W,
D6WRY72

Contact: Adrienne McAvinue 086 838 1215 adrienne.mcavinue@alzheimer.ie

Frances Redmond 086 792 6766

LUCAN SOCIAL CLUB

Date: Every Wednesday

Time: 1.30pm to 3.30 pm

Location: St Marys Parish Centre, Lucan

Contact: Adrienne McAvinue 086 838 1215

adrienne.mcavinue@alzheimer.ie

KILNAMANAGH SOCIAL CLUB

Date: Every Friday

Time: 10.30 am to 12.30 pm

Location: Kilnamanagh Family Resource Centre, Treepark Rd, Kilnamanagh, Dublin 24

Contact: Adrienne McAvinue

Phone: 086 838 1215

Email: adrienne.mcavinue@alzheimer.ie

BLOOMFIELD ACTIVITY CLUB

Date: Every Tuesday

Time: 10:30 - 12:30

Location: 16 Stocking Ln, Rathfarnham, Dublin, 16

Contact: Adrienne McAvinue adrienne.mcavinue@alzheimer.ie

Phone: 086 838 1215

South Dublin

WEST DUBLIN ACTIVITY CLUB

Date: Every Tuesday

Time: 2pm to 4pm

Location: Bawnogue Youth & Community Centre Bawnogue Road
Clondalkin Dublin 22 D22 DY68

Contact: Debbie Kenny debbie.kenny@alzheimer.ie

HAROLDS CROSS CAFÉ

Date: First Tuesday of every month (Mar 3rd)

Time: 7pm to 9pm

Location: Our Lady's Hospice & Care Services, Harolds
Cross. D6W RY72

Contact: Edel Byrne

Phone: 086 820 4017

Email: ebyrne@alzheimer.ie

RINGSEND-IRISHTOWN MEMORY CAFÉ

Date: Last Wednesday of each month (Mar 25th)

Time: 2pm - 4pm

Location: Ringsend & Irishtown Community Centre, Thorncastle Street, Dublin 4, D04
P4F3

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

COFFEE 'N' CHAT" IN HERBERT PARK

Date: 4th Wednesday of each month (Mar 25th)

Time: 10:30am-12:00pm

Location: Lolly and Cooks, 23 Herbert Park, Dublin 4, D04 W6Y2

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

South Dublin

CLONSKEAGH ACTIVITY CLUB

Date: Weekly Every Friday

Time: 11am to 1pm

Location: TBC - Contact Iliyana

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

RINGSEND ACTIVITY CLUB

Date: Weekly Every Thursday

Time: 10:30am-12:30pm

Location: Ringsend & Irishtown Community Centre, Thorncastle Street, Dublin 4, D04 P4F3

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

FRASCATI COFFEE 'N' CHAT

Date: Weekly Every Monday

Time: 10:30am-12:30pm

Location: Kay's Kitchen, Frascati Centre, Frascati Rd, Blackrock, A94 Y2W6

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

LEINSTER

Longford



LONGFORD ALZHEIMER CAFÉ

Date: Last Wednesday of the Month (Mar 25th)

Time: 7pm-8.30pm

Location: No 2 Earl Street, Longford. N39N254

Contact: Eileen Kilbride 085 872 4455

LONGFORD SWEET MEMORIES DEMENTIA CHOIR

Date: Second Last Monday of the Month (Mar 23rd)

Time: 12pm tp 1:30pm

Contact: Martina Logan 086 6076879 / Claire Harte: 0873951693

LONGFORD SUPPORT GROUP

Date: 2nd Wednesday of the Month (Mar 11th)

Time: 7pm-8pm

Location: No 2 Earl Street, Longford. N39N254 Contact: Breda Dunne 086 380 2183

Louth

BIRCHES SOCIAL CLUB

Date: Third Sat of each month (Mar 14th)

Time: 11am to 1pm

Location: St Joseph's Redemptorist Monastery, Community Centre," St Alphonsus Road Dundalk. Co Louth

Contact: Olive Joyce Phone: 042 935 1388

FAMILY SUPPORT GROUP

Date: First Tuesday of every month (Mar 3rd)

Time: 7pm

Location: "The Birches" Alzheimer Day Centre

Contact: Olive Joyce Phone: 042 935 1388

DUNDALK MEMORY CAFE

Date: Second Tuesday of the month (Mar 10th)

Time: 2:30pm to 3:30pm

Location: Louth Co Library, Roden Pl, Townparks, Dundalk Co. Louth

Contact: Maeve Montgomery Phone: 087 748 9258

Email: mmontgomery@alzheimer.ie

DUNDALK ACTIVITY CLUB

Date: Monthly

Contact: Olive Joyce

Phone: 042 935 1388

Email: ojoyce@alzheimer.ie

Louth

DUNDALK SUPPORT GROUP

Date: First Tuesday of every month (Mar 3rd)

Time: 7pm

Location: The Birches Alzheimer Day Care Centre, Priorland Road, Dundalk, Louth

Contact: Olive Joyce Phone: 042 935 1388

TREDAGH LODGE SATURDAY SOCIAL CLUB

Date: Third Sat of every month (Mar 14th)

Time: 11:00am - 1:00pm

Location: Tredagh Lodge Day Care Centre, Newtown Link Road, Greenhills, Drogheda, Co. Louth. A92PYV9

Contact: Sinead Reynolds

email: sinead.reynolds@alzheimer.ie Phone: 041-9841311 / 087-2229356

SOUTH LOUTH MEMORY CAFÉ

Date: Second Tuesday of the month (Mar 10th)

Time: 11am

Location: Drogheda Library, Stockwell Lane, Drogheda, Co Louth

Contact: Sinead Reynolds Phone: 087 748 9258 Email: sinead.reynolds@alzheimer.ie

Drogheda Memory Café

Date: Second Tuesday of every month (Mar 10th)

Time: 11am

Location: The Drogheda Library, Stockwell Lane, Drogheda, Co Louth

Contact: Sinead Reynolds - 087 222 9356

Laois

LAOIS ALZHEIMER FAMILY SUPPORT GROUP

Date: Third Wednesday of every month (Mar 18th)

Time: 6:30pm - 8:30pm

Location: Dunamais Arts Centre, Portlaoise

Contact: Grainne Roche Duff 087 607 5037

LAOIS ALZHEIMER CAFÉ

Date: Last Thursday of every month (Mar 26th)

Time: 11am - 1pm

Location: Dunamais Arts Centre, Portlaoise

Contact: Grainne Roche Duff 087 607 5037

Meath

MEATH ALZHEIMER CAFÉ

Date: First Wednesday of each month (Mar 4th)

Time: 7pm to 9pm

Location: Dunshaughlin Pastoral Centre Main St, Dunshaughlin Co. Meath A85 XA09

Contact: Marie Brennan Phone 087-346 5198 Email: marie.brennan@alzheimer.ie

NAVAN SATURDAY SOCIAL CLUB

Date: 2nd Saturday of every month (Mar 14th)

Time: 11am-1 pm

Location: Whistlemount Day Care, 6 Liscarton Villa's, Kells Rd, Navan, Meath, C15 PD35

Contact: Liam Burke Phone: 087 974 0871 Email: liam.burke@alzheimer.ie

RATOATH SOCIAL CLUB

Date: Last Friday of every month (Mar 27th)

Time: 11am-1pm

Location: Ratoath Community Centre, Main St, Ratoath, Co. Meath

Contact: Liam Burke Phone: 087 974 0871 Email: liam.burke@alzheimer.ie

Offaly

DEMENTIA CAFE AND SUPPORT GROUP

Date: Third Wednesday of the Month (Mar 18th)

Time: 2pm - 4pm

Location: Parish Centre, Tullamore, Co Offaly

Contact: Noirin Chalouche 087 9553 940 Noirin.chalouche@alzheimer.ie

Westmeath

ATHLONE SUPPORT GROUP

Date: Last Tuesday of each month (Mar 31st)

Time: 7pm to 8pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

MULLINGAR SUPPORT GROUP

Date: First Thursday of each month (Mar 5th)

Time: 6.30pm-7.30pm

Location: Mullingar Library

Contact: Johanna Bennett 086 6075089

ATHLONE SOCIAL CLUB

Date: Every second Wednesday (Mar 4th & 18th)

Time: 11am-1pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

MULLINGAR SOCIAL CLUB

Date: Every Friday

Time: 11am-1pm

Location: Mullingar Bridge and Amenity Centre, N91 WD96

Contact: Eileen Kenny 085 872 3720

Wexford

ACTIVITY GROUP

Date: Weekly on Tuesdays

Time: 11am - 3:30pm

Location: The Lodge Castle Gardens Drumgoold Enniscorthy, Co. Wexford, Y21 D2E7

Contact: Calre O'Leary Phone: 087 647 0149

Email: clare.oleary@alzheimer.ie

ACTIVITY GROUP

Date: Weekly on Thursdays

Time: 10am - 1pm

Location: The Lodge Castle Gardens Drumgoold Enniscorthy, Co. Wexford, Y21 D2E7

Contact: Calre O'Leary Phone: 087 647 0149

Email: clare.oleary@alzheimer.ie

Wexford

SOCIAL CLUB

Date: Every Tuesday

Time: 10am to 12pm

Location: Mc Dermott Street, Gorey, County Wexford, Y25KT98, Ireland
(South East Region)

Contact: Charlene Callanan - charlene.callanan@alzheimer.ie

Phone: +353 (87) 397 6290

SOCIAL CLUB

Date: Every Tuesday

Time: 2pm to 4:45pm

Location: Mc Dermott Street, Gorey, County Wexford, Y25KT98, Ireland
(South East Region)

Contact: Charlene Callanan - charlene.callanan@alzheimer.ie

Phone: +353 (87) 397 6290

Wicklowl

ARKLOW SOCIAL CLUB

Date: Second Monday of the month (Mar 9th)

Time: 2pm - 4pm

Location: Arus Lorcaín

Contact: Michelle Bardon 087-3182956 Email: michelle.bardon@alzheimer.ie

MUNSTER

CALENDAR OF EVENTS



THE Alzheimer
SOCIETY OF IRELAND

Clare

CLARE MEMORY CAFÉ

Date: Third Wed of the month (Mar 18th)

Time: 11.30 to 13.30

Location: Ennis Daycare Centre Cuan an Chlair, Cahercalla, Ennis, Co. Clare. V95 P9V9

Contact: Linda Murphy

Phone: 087 87 915 2151

ENNIS DEMENTIA SUPPORT GROUP

Date: Monthly (contact Melissa for details)

Time: 7pm to 9pm

Location: Ennis Day Centre, Cahercalla, Ennis Co Clare

Contact: Melissa Kenny

Contact: Melissa.Kenny@alzheimer.ie

CLARE CONNECT CAFE

Date: Last Tuesday of every month (Mar 31st)

Time: 6.30pm - 8.30pm

Location: Killaloe Ballina Community & Family Resource Centre, The Green, Killaloe, Co Clare V94W7X6

Contact: Afric Devane

Phone: 061374741

Email: reception@kbfrc.ie

Cork

CORK CITY SUPPORT GROUP

Date: 2nd Wednesday of the month (Mar 11th)

Time: 3pm -4:30pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Vanessa Bradbury Phone: 021 497 2504

Email: vbradbury@alzheimer.ie / amurphy@alzheimer.ie

MACROOM MEMORY CAFÉ

Date: Fourth Monday of the month. (Mar 23rd)

Time: 11am - 1pm

Location: "Next Door Café", The Castle Hotel, Macroom

Contact: Judy Nicoll

Email: judy.nicoll@alzheimer.ie

BESSBORO SATURDAY CLUB

Contact: Justin Eguoritse

Email: justin.eguaritse@alzheimer.ie

Time: 1pm - 3pm

Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

SINGING FOR THE BRAIN MACROOM

Date: Every Wednesday

Time: 11am - 1pm

Location: The Castle Hotel, Main Street, Macroom, Co. Cork, P12 X293

Contact: Lucy O' Driscoll 087 6114282

CORK ACTIVITY CLUB

Date: Every Thursday

Time: 11am – 1pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Justin Eguoritse - justin.eguaritse@alzheimer.ie

Cork

MUSICAL MELODIES

Date: First Friday of the Month (Mar 6th)

Time: 11:00 - 12:30

Location: Millstreet Day Centre Clara Road, Millstreet, Co. Cork P51 RY10

Contact: Marie Gallagher

Phone: 086 2396057

Email: mgallagher@alzheimer.ie

BESSBORO SOCIAL CLUB

Date: Monthly on a Saturday - Contact Mary

Time: 1pm - 3pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Mary Hennessy 021 4972504

TEACH MHUIRE ACTIVITY CENTRE

Date: Every Tuesday

Location: Teach Mhuire Health Centre, Old Youghal Road, Mayfield, Co. Cork
T23Y820

Contact: Karen Fitzpatrick 021 4972504

CARRIGALINE ALZHEIMER CAFE

Date: Second Thursday of the month (Mar 12th)

Time: 3pm

Locatio: Family Resource Centre Church Road Carrigaline

Contact: Karen Fitzpatrick - 0873487511 - karen.fitzpatrick@alzheimer.ie

BALLINCOLLIG ALZHEIMER CAFE

Date: Third Thursday of the month (Mar 19th)

Time: 3pm

Location: Chapel Gate Cafe ,Chapel Gate Ballincollig P31XP38

Contact: Karen Fitzpatrick - 0873487511 - karen.fitzpatrick@alzheimer.ie

MUNSTER



Cork

FERMOY MEMORY CAFÉ

Date: Last Wednesday of every month (Mar 25th)

Time: 2.30-4.30pm

Location: Adare Hall, Fermoy

Contact: Amy Murphy - 086 781 2217 - amurphy@alzheimer.ie

ACTIVITY CLUB FOR EARLY STAGES

Date: Every Thursday

Time: 11 am - 1 pm

Location: Desmond Complex Gortboy Newcastlewest Limerick

Contact: Linda 087 981 7525 / Norma 087 765 2152

DESMOND MEMORY CLUB

Date: First Wednesday of the month (Mar 4th)

Time: 11 am - 1 pm

Location: Desmond Complex Gortboy Newcastlewest Limerick

Contact: 061 62757

For people living with memory issues and thier carers and all seeking support around dementia and cognitive impairment

LIMERICK DEMENTIA SOCIAL CLUB

Our Lady of Lourdes Community Centre, Childers Rd. Rosbrien, Limerick.

Phone: 089 493 6982

Email: limerickdementiasc@gmail.com

Note: For Persons with Dementia and their Carers and all seeking support with Dementia. No referral is necessary and people can attend on any club night as they wish.

Kerry

KENMARE ALZHEIMER CAFE

Date: Last Tuesday of the Month (Mar 24th)

Time: 11-13.00

Location: New Location - Contact Niamh

Contact: Niamh Murphy Phone: 087 2165104

Email: niamh.murphy@alzheimer.ie

KILLARNEY ALZHEIMER CAFÉ

Date: Third Wednesday of each month (Mar 11th)

Time: 11-1pm

Kilcoolaght Killarney, County Kerry V93 VXY8

Contact: Michelle O'Shea Phone: 086 883 0577

Email: killarneyalzheimercafe@alzheimer.ie

Waterford

DUNGARVAN MEMORY CAFE

Date: First Wed of the month (Mar 4th)

Time: 11am to 1pm

Merrys Gastro Pub Lower Main Street Dungarvan Co. Waterford

Contact: Ann Miller Phone: 087 433 5460

WATERFORD SOCIAL CLUB

Date: Weekly on Fridays

Time: 10am - 12pm

Pine Grove Day Care Centre, Passage road, Waterford X91ET10

Contact: Marie Smyth [086 1216535](tel:0861216535)

Email: marie.smyth@alzheimer.ie

MEMORY CAFE

Date: First Thursday of the month (Mar 5th)

Time: 11am to 1pm

Location: Danny's Bar, Main Street, Kilmacthomas, Co. Waterford, X42 C588

Contact: Marie Smyth - 086 121 6535 - marie.smyth@alzheimer.ie

Anne Marie Veale, 087 238 8444

Tipperary

NENAGH'S MEMORY CAFE

Date: First Thursday of the Month (Mar 5th)

Time: Time 11am to 1pm

Location: Silver Arch Family Resource Centre, 52 Silver Street, Nenagh, Co. Tipperary, E45P624

Contact: Jennifer Woods Phone: 086 809 6039

NENAGH'S ACTIVITY CLUB

Date: Every Wednesday!

Time: Time 10:30am - 12:30pm

Location: Nenagh GAA Club Nenagh North, Tipperary E45 HY06

Contact: Jennifer Woods Phone: 086 809 6039

NORTH TIPPERARY SUPPORT GROUP

Date: Last Wednesday of every Month (Mar 25th)

Time: From 11am till 1pm

Location: Nenagh Library

Contact Jennifer Woods

Phone: 086809603

CLONMEL SUPPORT GROUP

Date: Third Tuesday of the month (Mar 17th)

Time: TBC

Location: Le Chairde Day Care Centre, Tipperary

Contact: Catherine Phone: 086 0490548

Note: Pre-booking is required

Tipperary

CLONMEL PEER SUPPORT GROUP FOR PEOPLE WITH EARLY DEMENTIA

Date: Every Wednesday

Time: 10.30-12.00

Location: Place 4U, Clonmel (Coffee & Chat)

Contact: Anne : 087 0550050

FAMILY CARERS SUPPORT GROUP

Date: Second Friday of each month. (Mar 13th)

Time: 10.30 to 12.30

Location: in the Court House, Roscrea.

ROSEMARY DEMENTIA CAFÉ

Date : First Tuesday of each Month (Mar 3rd)

Time : 11:30-1pm

Location : Millennium Family Resource Centre , Glengoole, Thurles, Co.

Tipperary E41AO65.

Contact : Alice Teehan 083-1014313 Email: eldercare@mfrc.ie

GLENGOOLE ACTIVITY CLUB

Date: Every Friday

Time: 10.00am-2.00pm

Location: Millenium Resource Centre

Glengoole, Co Tipperary

Contact: Sandra Power 087 384 2342

CONNACHT

CALENDAR OF EVENTS



THE **Alzheimer**
SOCIETY OF IRELAND

Galway

GALWAY ALZHEIMER CAFE

Date: First Friday of the Month (Mar 6th)

Time: 2pm - 4pm

Location: Connacht Hotel

Contact: Bertie 087 342 8663

GALWAY SUPPORT GROUP

Date: Third Thursday of the Month (Mar 19th)

Time: 11am - 1pm

Location: The Westside Library, Seamus Quirke Road, Galway

Contact: Bertie Reaney 0873428663

CLARINBRIDGE SOCIAL CLUB

Date: Every Monday

Time: 2pm - 4pm

Location: Scuul Sanctuary, Bungalow 9, Kilcornan, Clarinbridge

Contact: Teresa 087 188 8177

CONNACHT



THE **Alzheimer**
SOCIETY OF IRELAND

Galway

GALWAY ACTIVITY CLUB

Date: Weekly Thursday

Time: 10am to 2pm

Location: Cancer Centre Main Street Ballinasloe

Contact: Niamh Lynch

Phone: 086 1450513

Email: niamh.lynch@alzheimer.ie

MERVUE SOCIAL CLUB

Date: Tuesdays

Time: 2pm - 4pm

Location: The Cope Bungalow Suaimhneas Walter Macken Road Mervue,
Galway H91 D25W

Contact: Joy Samson

Phone: 087 189 4532

CLARINBRIDGE SOCIAL CLUB

Date: Every Monday

Time: 2pm - 4pm

Location: Sccul Sanctuary, Bungalow 9, Kilcornan, Clarinbridge

Contact: Theresa 087 698 5819



Galway

CLIFDEN ALZHEIMER CAFE

Date: Second Monday of the month. (Mar 9th)

Time: 11am-1pm.

Location: Clifden District Hospital, Hospital Road, Clifden, Co. Galway. H71 YV83

Contact: Teresa Connelly Phone: 087 721 2329

MEMORY CAFE OUGHTERARD

Date: Monthly service – day & times may vary

Time: 11am-3pm.

Location: Lake Hotel Oughterard

Contact: Nea 086 130 4327

Mayo

BALLINROBE MEMORY CAFE

Date: First Tuesday of the month (Mar 3rd).

Time: 11am-12.30pm

Location: Tacu Family Resource Centre, Credit Union House, Ballinrobe, F31 KT57

Contact: Marie Philbin Phone: 087 170 8706

CASTLEBAR SOCIAL CLUB

Date: Weekly on a Friday

Time: 11am-1pm

Location: Castlebar Social Services building F23 CY67

Contact: Catherine 087 694 2491

CASTLEBAR ACTIVITY CLUB

Date: First Thursday of the Month (Mar 5th)

Time: 10am - 1pm

Location: Lough Lannagh F23 VW73

Contact: Marie - marie.philbin@alzheimer.ie - 087 170 8706

KILLALA ACTIVITY CLUB

Date: Second Tuesday of the Month (Mar 10th)

Time: 11am - 1pm

Location: Community Centre F26 C9K8 Contact:

Marie - marie.philbin@alzheimer.ie - 087 170 8706



Leitrim

MOHILL SOCIAL CLUB

Date: Every second Friday (Mar 13th & 27th)

Time: 2.30-4.30

Location: Mohill Library

Contact: Sinead 087 068 0714

LEITRIM ALZHEIMER CAFE

Date: Fourth Thursday of the month (Mar 26th).

Time: 11 am - 1 pm

Location: The Commercial & Tourist Hotel, Ballinamore, Co. Leitrim, N41 AE10

Contact: Mary Shanley 087 002 4190

LEITRIM MEMORY CAFE

Date: Last Tuesday of every month (Mar 24th)

Time: 11 am - 1 pm

Location: Carrick Cineplex, Sligo Road, Cortober, Carrick-On-Shannon, Co.

Roscommon, N41 E6P7

Contact: sharon.richardson@hse.ie

CARRICK-ON-SHANNON SOCIAL CLUB

Location: Carrick-on-Shannon Library, Birdge Street N41 X048

Date: Every Second Monday (Mar 9th & 23rd)

Time: 11am-1pm

Contact: Sinead 087 068 0714



Roscommon

ROSCOMMON SUPPORT GROUP

Date: Fourth Thursday of the Month (Mar 26th)

Time: 11am-12pm.

Location: Castlerea Day Centre: F45 A621.

Contact: Clodagh 087 440 8218

ROSCOMMON MEMORY CAFE

Date: Third Wednesday of the month (Mar 18th)

Time: 2pm.

Location: Lough Key

Contact: Teresa Keegan

Phone: 087-706-1183

email: teresa@ridc.ie

ROSCOMMON ALZHEIMER CAFE

Date: Fourth Monday of the month (Mar 23rd)

Time: 10:30am to 12pm

Location: The Cube Lanesboro Road F42 DX61

Contact: Clodagh 087 440 8218

ROSCOMMON SOCIAL CLUB

Date: Second Monday of the month (Mar 9th)

Time: 10:30am to 12pm

Location: The Cube Lanesboro Road F42 DX61

Contact: Clodagh 087 440 8218

ROSCOMMON EARLY ONSET ACTIVITY CLUB

Date: Every Tuesday

Time: 11am-2pm

Location: Drum Parish Hall, Taduff East, N37 A7Y8

Contact: Niamh 086 145 0513



Sligo

MEMORY CAFE

Date: Third Thursday of the Month (Mar 19th)

Time: 11am - 1pm

Location: Sligo Park Hotel, F91 Y762

Contact: Clair 085 872 0043

RATHCORMACK SOCIAL CLUB

Date: Every Second Wednesday (Mar 4th & 18th)

Time: 2.30pm - 4.30pm Location:

The Old School Rathcormack F91 XT57

Contact: Clair 085 872 0043

TUBBERCURRY SOUTH SLIGO SOCIAL CLUB

Date: Second Thursday of the Month (Mar 12th)

Time: From 1.30 pm - 3 pm

Location: The Tubbercurry family resource centre

Contact: 071 918 6926

FAMILY CARER SUPPORT GROUP

Date: Last Thursday of the Month (Mar 26th)

Time: 10:30am - 12:30pm

Location: Lakeview Business park Carraroe, Sligo, F91 XW54

Contact: Debby 087 189 9306

YOUNGER ONSET ACTIVITY CLUB:

Date: Monthly Saturday - Contact Clair

Time: 10am-3pm

Location: Aughamore, Sligo, F91 XW54

Contact: Clair 085 872 0043



Sligo

EARLY ONSET ACTIVITY CLUB

Date: Every Wednesday

Time: 2.30pm-4.30pm

Location: Aughamore, Sligo, F91 XW54

Contact: Rebecca 087 271 5877

COGNATIVE STIMULATION THERAPY

Date: Weekly Friday

Time: 10am-3pm

Location: Aughamore, Sligo, F91 XW54

Contact: Rachel 087 621 3044

ULSTER

CALENDAR OF EVENTS



THE *Alzheimer*
SOCIETY OF IRELAND

Cavan

FORGET ME NOT SOCIAL CLUB

Date: First Wednesday of the month (Mar 4th)

Time: 11am-12.30pm

Location: Castlemanor Community Centre

Contact Carole 085 266 9542

CFORGET ME NOT CHOIR

Date: First Sunday of the month (Mar 1st)

Location: Sullivan Centre H12 CF53

Contact: Millie 087 142 4432

SUPPORT GROUP

Date: First Thursday of the month (5th Mar) - Contact Carole

Time: 7.30 pm

Location: CCLD Office, Corlurgan Business Park

Contact: Carole 085 266 9542

Young Onset Activity Club

Date: Every Tuesday

Time: 10am-1pm

Location: Cathedral Road, Cavan day centre, H12 CF53

Contact: Millie 087 142 4432



Donegal

CARNDONAGH SOCIAL CLUB

Date: Wednesdays

Time: 1pm-3pm

Location: Spraioi agus Spórt F93 EWV3

Contact: Bridget - 087 0320847 - bridget.kelly@alzheimer.ie

BALLYBOFEY SOCIAL CLUB

Date: Every Second Tuesday (Mar 3rd, 17th & 31st)

Time: 11am-1pm Location: Dunfril House F93 PY98

Contact: Patricia 087 358 6714 patricia.mcmonagle@alzheimer.ie

LETTERKENNY SOCIAL CLUB

Date: Every second Tuesday (Mar 3rd, 17th & 31st)

Time: 11am-1pm

Location: Silver Tassie Hotel F92 NFP9

Contact: Patricia 087 358 6714

patricia.mcmonagle@alzheimer.ie

BALLYBOFEY ALZHEIMER CAFE

Date: Second Wednesday of Every month (Mar 11th)

Time: 11.30am-1pm

Location: Villa Rose Hotel F93 C2CF

Contact: Christine 087 778 7043 christine.kyohairwe@alzheimer.ie



Donegal

BALLYSHANNON SOCIAL CLUB

Date: Every Monday

Time: 11am-1pm

Location: St Anne's Hall F94 WK70

Contact: Elizabeth 085 856 5799

Letterkenny Activity Club

Date: Every Friday

Time: 11am- 3pm

Location: Letterkenny community centre, Pearse Road, F92 K060

Contact: Veronica 087 188 7932

Monaghan

CARRICKMACROSS SUPPORT GROUP

Date: Second Monday of the Month (Mar 9th)

Time: 6pm-7.30pm

Location: Carrickmacross Library A81 HY83

Contact: Siobhan 087 343 2944

MONAGHAN SOCIAL CLUB

Date: Every second Friday - Contact Siobhan

Time: 11am-1pm

Location: St Joseph's Pastoral Centre, Broad Rd.

Mullagh, Monaghan H18 VK77

Contact: Siobhan 087 343 2944

CASTLEBLAYNEY MEMORY CAFE

Date: Last Monday of the Month (Mar 30th)

Time: 11am-12:30pm

Location: Castleblayney Library Lough Mukno gate

lodge 2 Castleblayney A75 V383

Contact: Martin 087 381 5969

MONAGHAN TOWN SUPPORT GROUP

Date: First Wednesday of the month (Mar 4th)

Time: 6.30pm-7.30pm

Location: Monaghan Library, Kilnacloy Co. Monaghan H18 RP20

Contact: Martin 087 381 5969



UPCOMING EVENTS

SINGING FOR THE BRAIN

CONTACT: MARY

PHONE: 087 462 2216 (MORNINGS)

EMAIL: SINGING4THEBRAIN@GMAIL.COM

NOTE: AN IN-PERSON SOCIAL SINGING GROUP FOR PEOPLE LIVING WITH DEMENTIA, ALZHEIMER'S AND/OR PARKINSON'S AND THEIR CARERS. THIS IS ON IN VARIOUS LOCATIONS THROUGHOUT CORK. PLEASE CLICK VIEW FULL INFO FOR LOCATION DETAILS.