



2025

**Calendar of Activities** 

# LEINSTER CALENDAR OF EVENTS



## **Carlow**

#### **CABIN CAFE**

In association with the Carlow Older Persons Forum

Date: 1st Tues of every month (Nov 4th)

Location: The Old School House Barracks St Carlow R93 YW10

Contact: Margaret on 087 8380018

#### **CARLOW SOCIAL CLUB**

Date: 3rd Friday of every month

Time: 11- 1pm (Nov 21st) Location: Bethany House

Contact: Please contact <a href="mailto:friendsofasi@alzheimer.ie">friendsofasi@alzheimer.ie</a>

# LEINSTER CALENDAR OF EVENTS



## **North Dublin**

#### **CASTLEKNOCK SOCIAL CLUB**

Date: Second Tuesday of Every Month (Nov 11th)

Time: 10am - 12 noon

Location: Castleknock Community Centre, Laurel Lodge Road, Carpenterstown,

Castleknock, Co. Dublin. D15T3PN

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

#### **NORTH COUNTY DUBLIN SOCIAL CLUB**

Date: 1st Tuesday of each month (Nov 4th)

Time:11am - 1pm

Location: Bracken Court Hotel, Bridge St, Balbriggan, Co. Dublin, K32

**DK88** 

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie

#### **CLONTARF SOCIAL CLUB**

Date: Weekly on Monday

Tiem: 1pm - 3pm

Location: St. Anthonys House St. Anthonys Church Grounds, St.

Lawrence Road Clontarf Dublin 3, D03TY23

Contact: Adenike Lamai 087 3320341 adenike.lamai@alzheimer.ie



## **North Dublin**

#### **CUPAN TAE MEMORY CAFÉ**

Date: 2nd Wednesday every month (Nov 12th)

Time: 2pm - 4pm

Location: Naomh Barrog GAA Club, Kilbarrack Parade, Kilbarrack Upper, Dublin 5,

D05DY65

Contact: cupantae@alzheimer.ie

#### **MAKING MEMORIES CAFÉ**

Date: Last Tuesday of each month (Nov 25th)

Time: 11am - 1pm

Location: Whitehall Colmcilles, GAA Club (Puck Lane) Collins Avenue, Dublin 9

D09 W688

Contact: Amanda.wilkinson@hse.ie 086 044 9627

#### **COFFEE 'N' CHAT" IN ALBERT COLLEGE PARK**

Date: 1st Wednesday of each month (Nov 5th)

Time: 10:30am-12:00pm

Location: The Tram Café, Hampstead Avenue, Dublin 9, D09 C6DY

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

#### **COFFEE 'N' CHAT" IN ST ANNE'S PARK**

Date: 2nd Wednesday of each month (Nov 12th)

Time: 10:30am-12:00pm

Location: Olive's Room, The Red Stables, Clontarf East, Dublin 5

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569



## **North Dublin**

#### **SWORDS ACTIVITY CLUB**

**Date:** Weekly Every Tuesday

Time: 10:30am-12:30pm

Location: Liam Rodgers Community Centre, Feltrim Road, Swords, Co. Dublin, K67

A0Y1

**Contact:** Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

**Phone:** 087 372 4569



## **South Dublin**

#### **UNDER 65 FAMILY CARER SUPPORT GROUP**

Date: Last Tuesday of each month (Nov 25th)

Time: 8pm and 10pm.

Location: Clonmacnoise Day Care, Our Lady's Hospice, Harold's Cross, Dublin 6W,

D6WRY72

Contact: Adrienne McAvinue 086 838 1215 adrienne.mcavinue@alzheimer.ie

Frances Redmond 086 792 6766

#### **LUCAN SOCIAL CLUB**

Date: Every Wednesday

Time: 1.30pm to 3.30 pm

Location: St Marys Parish Centre, Lucan

Cotact: Adrienne McAvinue 086 838 1215

adrienne.mcavinue@alzheimer.ie

#### **KILNAMANAGH SOCIAL CLUB**

Date: Every Friday

Time: 10.30 am to 12.30 pm

Location: Kilnamanagh Family Resource Centre, Treepark Rd, Kilnamanagh, Dublin 24

Contact: Adrienne McAvinue

Phone: 086 838 1215

Email: adrienne.mcavinue@alzheimer.ie

#### **BLOOMFIELD ACTIVITY CLUB**

Date: Every Tuesday Time: 10:30 - 12:30

Location: 16 Stocking Ln, Rathfarnham, Dublin, 16

Contact: Adrienne McAvinue adrienne.mcavinue@alzheimer.ie

Phone: 086 838 1215



## **South Dublin**

#### **WEST DUBLIN ACTIVITY CLUB**

Date: Every Tuesday Time: 2pm to 4pm

Location: Bawnogue Youth & Community Centre Bawnogue Road

Clondalkin Dublin 22 D22 DY68

Contact: Debbie Kenny debbie.kenny@alzheimer.ie

#### HAROLDS CROSS CAFÉ

Date: First Tuesday of every month (Nov 7th)

Time: 7pm to 9pm

Location: Our Lady's Hospice & Care Services, Harolds

Cross. D6W RY72

Contact: Edel Byrne

Phone: 086 820 4017

Email: ebyrne@alzheimer.ie

#### RINGSEND-IRISHTOWN MEMORY CAFÉ

Date: Last Wednesday of each month (Nov 26th)

Time: 2pm - 4pm

Location: Ringsend & Irishtown Community Centre, Thorncastle Street, Dublin 4, D04

P4F3

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

#### **COFFEE 'N' CHAT" IN HERBERT PARK**

Date: 4th Wednesday of each month (Nov 26th)

Time: 10:30am-12:00pm

Location: Lolly and Cooks, 23 Herbert Park, Dublin 4, D04 W6Y2

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569



## **South Dublin**

#### **CLONSKEAGH ACTIVITY CLUB**

**Date:** Weekly Every Friday

Time: 11am to 1pm

Location: TBC - Contact Iliyana

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569

#### RINGSEND ACTIVITY CLUB

Date: Weekly Every Thursday

Time: 10:30am-12:30pm

Location: Ringsend & Irishtown Community Centre, Thorncastle Street, Dublin

4, D04 P4F3

**Contact:** Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

**Phone:** 087 372 4569

#### **RASCATI COFFEE 'N' CHAT**

**Date:** Weekly Every Monday (Start Date – Monday, November 10th)

**Time:** 10:30am-12:30pm

Location: Kay's Kitchen, Frascati Centre, Frascati Rd, Blackrock, A94 Y2W6

Contact: Iliyana Boykova

Email: iliyana.boykova@alzheimer.ie

Phone: 087 372 4569



# Longford

#### LONGFORD ALZHEIMER CAFÉ

Date: Last Wednesday of the Month (Nov 26th)

Time: 7pm-8.30pm

Location: No 2 Earl Street, Longford. N39N254

Contact: Eileen Kilbride 085 872 4455

#### LONGFORD SWEET MEMORIES DEMENTIA CHOIR

Date: Second Last Monday of the Month (Nov 17th)

Time: 12pm tp 1:30pm

Contact: Martina Logan 086 6076879 / Claire Harte: 0873951693

#### **LONGFORD SUPPORT GROUP**

Date: 2nd Wednesday of the Month (Nov 12th)

Time: 7pm-8pm

Location: No 2 Earl Street, Longford. N39N254 Contact: Breda

Dunne 086 380 2183

## Louth

#### **BIRCHES SOCIAL CLUB**

Date: Third Sat of each month (Nov 15th)

Time: 11am to 1pm

Location: St Joseph's Redemptorist Monastery, Community Centre," St

Alphonsus Road Dundalk. Co Louth

Contact: Olive Joyce Phone: 042 935 1388

#### **FAMILY SUPPORT GROUP**

Date: First Tuesday of every month (Nov 4th)

Time: 7pm

Location: "The Birches" Alzheimer Day Centre

Contact: Olive Joyce Phone: 042 935 1388



#### **DUNDALK MEMORY CAFE**

Date: Second Tuesday of the month (Nov 11th)

Time: 2:30pm to 3:30pm

Location: Louth Co Library, Roden Pl, Townparks, Dundalk Co. Louth

Contact: Maeve Montgomery Phone: 087 748 9258

Email: mmontgomery@alzheimer.ie

#### **DUNDALK ACTIVITY CLUB**

Date: Monthly

Contact: Olive Joyce Phone: 042 935 1388

Email: ojoyce@alzheimer.ie

#### **DUNDALK SUPPORT GROUP**

Date: First Tuesday of every month (Nov 4th)

Time: 7pm

Location: The Birches Alzheimer Day Care Centre, Priorland Road, Dundalk, Louth

Contact: Olive Joyce Phone: 042 935 1388

#### TREDAGH LODGE SATURDAY SOCIAL CLUB

Date: Third Sat of every month (Nov 15th)

Time: 11:00am - 1:00pm

Location: Tredagh Lodge Day Care Centre, Newtown Link Road, Greenhills,

Drogheda, Co. Louth. A92PYV9

Contact: Helen Barron Phone: 041-9841311 / 087-2229356

Email: helen.barron@alzheimer.ie

#### **SOUTH LOUTH MEMORY CAFÉ**

Date: Second Tuesday of the month (Nov 11th)

Time: 11am

Location: Drogheda Library, Stockwell Lane, Drogheda, Co Louth

Contact: Sinead Reynolds Phone: <u>087 748 9258</u> Email: <u>sinead.reynolds@alzheimer.ie</u>



## Laois

#### LAOIS ALZHEIMER FAMILY SUPPORT GROUP

Date: Third Wednesday of every month (Nov 19th)

Time: 6:30pm - 8:30pm

Location: Dunamaise Arts Centre, Portlaoise Contact: Grainne Roche Duff 087 607 5037

#### LAOIS ALZHEIMER CAFÉ

Date: Last Thursday of every month (Nov 27th)

Time: 11am - 1pm

Location: Dunamaise Arts Centre, Portlaoise Contact: Grainne Roche Duff 087 607 5037

### Meath

#### **MEATH ALZHEIMER CAFÉ**

Date: First Wednesday of each month (Nov 5th)

Time: 7pm to 9pm

Location: Dunshaughlin Pastoral Centre Main St, Dunshaughlin Co. Meath A85 XA09

Contact: Marie Brennan Phone 087-346 5198 Email: marie.brennan@alzheimer.ie

#### **NAVAN SATURDAY SOCIAL CLUB**

Date: 2nd Saturday of every month (Nov 8th)

Time: 11am-1 pm

Location: Whistlemount Day Care, 6 Liscarton Villa's, Kells Rd, Navan, Meath, C15

**PD35** 

Contact: Liam Burke Phone: 087 974 0871 Email: liam.burke@alzheimer.ie



#### **RATOATH SOCIAL CLUB**

Date: Last Friday of every month (Nov 28th)

Time: 11am-1pm

Location: Ratoath Community Centre, Main St, Ratoath, Co. Meath

Contact: Liam Burke Phone: 087 974 0871 Email: liam.burke@alzheimer.ie

# Offaly

#### **DEMENTIA CAFE AND SUPPORT GROUP**

Date: Third Wednesday of the Month (Nov 19th)

Time: 2pm - 4pm

Location: Parish Centre, Tullamore, Co Offaly

Contact: Noirin Chalouche 087 9553 940 Noirin.chalouche@alzheimer.ie

### Westmeath

#### **ATHLONE SUPPORT GROUP**

Date: Last Tuesday of each month (Nov 24th)

Time: 7pm to 8pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

#### **MULLINGAR SUPPORT GROUP**

Date: First Thursday of each month (Nov 6th)

Time: 6.30pm-7.30pm

Location: Mullingar Library

Cpnntact: Johanna Bennett 086 6075089



#### ATHLONE SOCIAL CLUB

Date: Every second Wednesday (Nov 12th, 26th)

Time: 11am-1pm

Location: St Mary's Hall, Northgate St, Athlone

Contact: Eileen Kenny 085 872 3720

#### **MULLINGAR SOCIAL CLUB**

Date: Every Friday Time: 11am-1pm

Location: Mullingar Bridge and Amenity Centre, N91 WD96

Contact: Eileen Kenny 085 872 3720

## Wexford

#### **ACTIVITY GROUP**

Date: Weekly on Tuesdays

Time: 11am - 3:30pm

Location: The Lodge Castle Gardens Drumgoold Enniscorthy, Co.

Wexford, Y21 D2E7

Contact: Calre O'Leary Phone: 087 647 0149

Email: clare.oleary@alzheimer.ie

#### **ACTIVITY GROUP**

Date: Weekly on Thursdays

Time: 10am - 1pm

Location: The Lodge Castle Gardens Drumgoold Enniscorthy, Co.

Wexford, Y21 D2E7

Contact: Calre O'Leary Phone: 087 647 0149

Email: clare.oleary@alzheimer.ie

## Wicklow

#### **ARKLOW SOCIAL CLUB**

Date: Second Monday of the month (Nov 10th)

Time: 2pm - 4pm

Location: Arus Lorcain

Contact: Michelle Bardon 087-3182956 Email: michelle.bardon@alzheimer.ie

# MUNSTER CALENDAR OF EVENTS



## Clare

#### **CLARE MEMORY CAFÉ**

Date: Third Wed of the month (Nov 19th)

Time: 11.30 to 13.30

Location: Ennis Daycare Centre Cuan an Chlair, Cahercalla, Ennis, Co. Clare. V95 P9V9

Contact: Linda Murphy

Phone: 087 87 915 2151

#### **ENNIS DEMENTIA SUPPORT GROUP**

Date: Monthly (contact Melissa for details)

Time: 7pm to 9pm

Location: Ennis Day Centre, Cahercalla, Ennis Co Clare

Contact: Melissa Kenny

Contact: Melissa.Kenny@alzheimer.ie

#### **CLARE CONNECT CAFE**

Date: Last Tuesday of every month (Nov 25th)

Time: 6.30pm - 8.30pm

Location: Killaloe Ballina Community & Family Resource Centre, The Green,

Killaloe, Co Clare V94W7X6

Contact: Afric Devane

Phone: 061374741

Email: reception@kbfrc.ie



### Cork

#### **CORK CITY SUPPORT GROUP**

Date: 2nd Wednesday of the month (Nov 12th)

Time: 3:00pm -4:30pm

Location: Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

Contact: Vanessa Bradbury Phone: 021 497 2504

Email: vbradbury@alzheimer.ie / amurphy@alzheimer.ie

#### **MACROOM MEMORY CAFÉ**

Date: Fourth Monday of the month. (Nov 24th)

Time: 11am - 1pm

Location: "Next Door Café", The Castle Hotel, Macroom

**Contact: Judy Nicoll** 

Email: judy.nicoll@alzheimer.ie

#### **BESSBORO SATURDAY CLUB**

**Contact: Justin Equoritse** 

Email: justin.eguoritse@alzheimer.ie

Time: 13:00 to 15:00

Bessboro Day Care Centre, Bessboro, Blackrock, Co. Cork. T12 HF70

#### SINGING FOR THE BRAIN

Contact: Mary

Phone: 087 462 2216 (mornings)

Email: singing4thebrain@gmail.com

Note: An in-person Social Singing Group for people living with Dementia,

Alzheimer's and/or Parkinson's and their Carers. This is on in various locations

throughout Cork. Please click View Full Info for location details.



## Cork

#### CARRIGALINE ALZHEIMER CAFE

Date: Second Thursday of the month (Nov 13th)

Time: 3pm

Locatio: Family Resource Centre Church Road Carrigaline

Contact: Karen Fitzpatrick

Phone: 0873487511

Email: karen.fitzpatrick@alzheimer.ie

#### **BALLINCOLLIG ALZHEIMER CAFE**

Date: Third Thursday of the month (Nov 20th)

Time: 3pm

Location: Chapel Gate Cafe, Chapel Gate Ballincollig P31XP38

Contact: Karen Fitzpatrick

Phone: 0873487511

Email: karen.fitzpatrick@alzheimer.ie

#### FERMOY MEMORY CAFÉ

Date: Last Wednesday of every month (Nov 26th)

Time: 2.30-4.30pm

Location: Adare Hall, Fermoy

Contact: Amy Murphy

Phone: 086 781 2217

Email: amurphy@alzheimer.ie



## Limerick

#### **ACTIVITY CLUB FOR EARLY STAGES**

Date: Every Thursday

Time: 11 am - 1 pm

Location: Desmond Complex Gortboy Newcastlewest Limerick

Contact: Linda 087 981 7525 / Norma 087 765 2152

#### **DESMOND MEMORY CLUB**

Date: First Wedneday of the month (Nov 5th)

Time: 11 am - 1 pm

Location: Desmond Complex Gortboy Newcastlewest Limerick

Contact: 061 62757

For people living with memory issues and thier carers and all seeking support

around dementia and cognative impairment

#### LIMERICK DEMENTIA SOCIAL CLUB

Our Lady of Lourdes Community Centre, Childers Rd. Rosbrien, Limerick.

Phone: 089 493 6982

Email: limerickdementiasc@gmail.com

Note: For Persons with Dementia and their Carers and all seeking support with

Dementia. No referral is necessary and people can attend on any club night as they

wish.

# Kerry

#### **KENMARE ALZHEIMER CAFE**

Date: Last Tuesday of the Month (Nov 25th)

Time: 11-13.00

Brook Lane Hotel Gortamullen Kenmare County Kerry V93 T289

Contact: Niamh Murphy Phone: 087 2165104

Email: niamh.murphy@alzheimer.ie



#### KILLARNEY ALZHEIMER CAFÉ

Date: Third Wednesday of each month (Nov 19th)

Time: 11-1pm

Kilcoolaght Killarney, County Kerry V93 VXY8

Contact: Michelle O'Shea Phone: 086 883 0577

Email: killarneyalzheimercafe@alzheimer.ie

#### **TRALEE SOCIAL CLUB**

Date: 2nd and 4th Friday of each month (Nov 14th & 28th)

Rosemary Day Care Centre, Baile Mhuire (old building), Balloonagh,

Caherslee, Tralee V92 DA03

Contact: Kathriona Sheehan McCarthy Phone: 066 718 0377

Email: Kathriona.mccarthy@alzheimer.ie

## Waterford

#### **DUNGARVAN MEMORY CAFE**

Date: First Wed of the month (Nov 5th)

Time: 11am to 1pm

Merrys Gastro Pub Lower Main Street Dungarvan Co. Waterford

Contact: Ann Miller Phone: 087 433 5460

#### WATERFORD SOCIAL CLUB

Date: Weekly on Fridays

Time: 10am - 12pm

Pine Grove Day Care Centre, Passage road, Waterford X91ET10

Contact: Marie Smyth 086 1216535

Email: marie.smyth@alzheimer.ie

#### **MEMORY CAFE**

Date: First Thursday of the month (Nov 6th)

Time: 11am to 1pm

Merrys Gastro Pub Lower Main Street Dungarvan Co. Waterford

Contact: Marie Smyth - marie.smyth@alzheimer.ie



# **Waterford**

#### **SOCIAL CLUB**

Date: every Tuesday

Time: 10am to 12pm

Location: Mc Dermott Street, Gorey, County Wexford, Y25KT98, Ireland

(South East Region)

Contact: Charlene Callanan - charlene.callanan@alzheimer.ie

#### **SOCIAL CLUB**

Date: every Tuesday

Time: 2pm to 4:45pm

Location: Mc Dermott Street, Gorey, County Wexford, Y25KT98, Ireland

(South East Region)

Contact: Charlene Callanan - charlene.callanan@alzheimer.ie



# **Tipperary**

#### **NENAGH'S MEMORY CAFE**

Date: First Thursday of the Month (Nov 6th)

Time: Time 11am to 1pm

Location: Silver Arch Family Resource Centre, 52 Silver Street, Nenagh, Co.

Tipperary, E45P624

Contact: Jennifer Woods Phone: 086 809 6039

#### **NORTH TIPPERARY SUPPORT GROUP**

Date: Last Wednesday of every Month (Nov 26th)

Time: From 11am till 1pm Location: Nenagh Library Contact Jennifer Woods

Phone: 086809603

#### **CLONMEL SUPPORT GROUP**

Date: Third Tuesday of the month (Nov 18th)

Time: TBC

Location: Le Chairde Day Care Centre, Tipperary

Contact: Catherine Phone: 086 0490548

Note: Pre-booking is required

#### CLONMEL PEER SUPPORT GROUP FOR PEOPLE WITH EARLY DEMENTIA

Date: Every Wednesday

Time: 10.30-12.00

Location: Place 4U, Clonmel (Coffee & Chat)

Contact: Anne: 087 0550050

#### **FAMILY CARERS SUPPORT GROUP**

Date: Second Friday of each month. (Nov 14th)

Time: 10.30 to 12.30

Location: in the Court House, Roscrea.



# **Tipperary**

#### **ROSEMARY DEMENTIA CAFÉ**

Date: 1<sup>st</sup> Tuesday of each Month (Nov 4th)

Time: 11:30-1pm

Location: Millennium Family Resource Centre, Glengoole, Thurles, Co.

Tipperary E41AO65.

Contact: Alice Teehan 083-1014313 Email: eldercare@mfrc.ie

#### **GLENGOOLE ACTIVITY CLUB**

Date: Every Friday

Time: 10.00am-2.00pm

Location: Millenium Resource Centre

Glengoole, Co Tipperary

Contact: Sandra Power 087 384 2342

# CONNACHT CALENDAR OF EVENTS



# **Galway**

#### **GALWAY ALZHEIMER CAFE**

Date: First Friday of the Month (Nov 7th)

Time: 2pm - 4pm

Location: Connaught Hotel

Contact: Maureen 086 821 1540

#### **GALWAY SUPPORT GROUP**

Date: Third Thursday of the Month (Nov 20th)

Time: 11am - 1pm

Location: The Westside Library, Seamus Quirke Road, Galway

Contact: Bertie Reaney 0873428663

#### **CLARINBRIDGE SOCIAL CLUB**

Date: Every Monday

Time: 2pm - 4pm

Location: Sccul Sanctuary, Bungalow 9, Kilcornan, Clarinbridge

Contact: Theresa 087 698 5819

#### Lettermullen Alzheimer Cafe

Date: 3rd Wednesday of the month (Nov 19th)

Time: 11am-1pm.

Location: Comhar Chugeal Teo Lettermullen community centre H91 CH7X

Contact: Eilin Phone: 091 551553

# **CONNACHT Galway**



#### **CLIFDEN ALZHEIMERS CAFE**

Date: 2nd & 4th Monday of the month. (Nov 10<sup>th</sup> & 24th)

Time: 11am-1pm.

Location: Clifden District Hospital, Hospital Road, Clifden, Co. Galway. H71 YV83

Contact: Teresa Connelly Phone: 087 721 2329

#### **CARRAROE ALZHEIMER CAFE**

Date: 1st Wednesday of the month (Nov 5th)

Time: 11am-1pm.

Location: An Crompan An Cheathru Co. Na Gaillimhe H91 X4WH

Contact: Mary Neachtain Phone: 087 780 4724

# Mayo

#### **BALLINROBE ALZHEIMER CAFE**

Date: 1st Tuesday of the month (Nov 4th).

Tiem: 11am-12.30pm

Location: Tacu Family Resource Centre, Credit Union House, Ballinrobe,

F31 KT57

Contact: Marie Philibin Phone: 087 170 8706

#### **MAYO SOCIAL CLUB**

Date: Weekly on a Friday

Time: 11am-1pm

Location: Castlebar Social Services building F23 CY67

Contact: Catherine 087 694 2491



# Mayo

#### **CASTLEBAR ACTIVITY CLUB**

Date: First Thursday of the Month (Nov 6th)

Time: 1pm - 3pm

Location: Lough Lannagh F23 VW73

Contact: Marie - marie.philbin@alzheimer.ie - 087 170 8706

#### **KILLALA ACTIVITY CLUB**

Date: Second Thursday of the Month (Nov 13th)

Time: 11am - 1pm

Location: Community Centre F26 C9K8

Contact: Marie - marie.philbin@alzheimer.ie - 087 170 8706



## Leitrim

#### **MOHILL SOCIAL CLUB**

Date: Every second Friday (Nov 7th & 21st)

Time: 2.30-4.30,

Location: Mohill Library

Contact: Kevin Mc Gloin 087 113 1089.

#### **LEITRIM MEMORY CAFE**

Date: Last Tuesday of every month (Nov 25th)

Time: 11 am - 1 pm

Location: Carrick Cineplex, Sligo Road, Cortober, Carrick-On-Shannon, Co.

Roscommon, N41 E6P7

Contact: sharon.richardson@hse.ie

#### **LEITRIM ALZHEIMER CAFE**

Date: Fourth Thursday of the month. (Nov 27th)

Time: 11 am - 1 pm

Location: The Commercial & Tourist Hotel, Ballinamore, Co. Leitrim, N41 AE10

Contact: Mary Shanley 087 002 4190

#### YOUNGER ONSET ACTIVITY CLUB

Date: Once a month.

Contact: Clair 0858720043.



### Roscommon

#### **ROSCOMMON SUPPORT GROUP**

Date: Last Thursday of the Month (Nov 27th)

Time: 11am-12pm.

Location: Castlerea Day Centre: F45 A621.

Contact: Michelle Shiel - 087-938-7533

Marketa: 087-271-5877

#### **ROSCOMMON MEMORY CAFE**

Date: Third Wednesday of the month (Nov 18th)

Time: 2pm.

Location: Lough Key

Contact: Teresa Keegan

Phone: 087-706-1183 email: teresa@ridc.ie

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#### **ROSCOMMON ALZHEIMER CAFE**

Date: Fourth Monday of the month (Nov 24th)

Time: 10:30am to 12pm

Location: The Cube Lanesboro Road F45 DX61

Contact: Mary Calvin Phone: 087 0680714

email: mary.calvin@alzheimer.ie

#### **ROSCOMMON SOCIAL CLUB**

Date: Second Monday of the month (Nov 10th)

Time: 10:30am to 12pm

Location: The Cube Lanesboro Road F45 DX61

Contact: Mary Calvin Phone: 087 0680714

email: mary.calvin@alzheimer.ie



# Sligo

#### **SOCIAL CLUB**

Date: Every second Wednesday (Nov 5<sup>th</sup> & 19th)

Time: 2.30pm -4.30pm

Location: Skreen Dromard Community Centre F91 EYO1

Contact: Erin 087 397 2583

#### **MEMORY CAFE**

Date: Third Thursday of the Month (Nov 20th)

Time: 11am - 1pm

Location: Sligo Park Hotel, F91 Y762

Contact: Clair 085 872 0043

#### RATHCORMACK SOCIAL CLUB

Date: Every Second Wednesday (Nov 12th, 26th)

Time: 2.30pm - 4.30pm

Location: The OLd School Rathcormack F91 XT57

Contact: Erin 087 397 2583

#### **TUBBERCURRY SOUTH SLIGO SOCIAL CLUB**

Date: Second Thursday of the Month (Nov 13th)

Time: From 1.30 pm - 3 pm

Location: The Tubbercurry family resource centre

Contact: 071 918 6926

#### **SUPPORT GROUP**

Date: Last Thursday of the Month (Nov 27th)

Time: 10:30am - 12:30pm

Location: Lakeview Business park Carraroe, Sligo, F91 XW54

Contact: Debby 087 189 9306

# ULSTER CALENDAR OF EVENTS



### Cavan

#### **FORGET ME NOT SOCIAL CLUB**

Date: First Wednesday of the month (Nov 5th)

Time: 11am-12.30pm

Location: Castlemanor Community Centre

Contact Carole 085 266 9542

#### **CAVAN CHOIR**

Date: First Sunday of the month (Nov 2nd)

Location: Sullivan centre H12 CF53

Contact: Carole 085 266 9542

#### **SUPPORT GROUP**

Date: First Thursday of the month (Nov 6th)

Time: 7.30pm

Breffni Integrated Office Corlurgan Business Park

Contact: Carole 085 266 9542





## Donegal

#### **CARNDONAGH SOCIAL CLUB**

Date: Wednesdays

Time: 1pm-3pm

Location: Spraoi agus Spórt F93 EWV3

Contact: Bridget - 087 0320847 - bridget.kelly@alzheimer.ie

#### **BALLYBOFEY SOCIAL CLUB**

Date: Every Second Tuesday (Nov 11th, & 25th)

Time: 11am-1pm

Location: Dunfril House F93 PY98

Contact: Patricia 087 358 6714 patricia.mcmonagle@alzheimer.ie

#### LETTERKENNY SOCIAL CLUB

Date: Every second Tuesday

Time: 11am-1pm

Location: Silver Tassie Hotel F92 NFP9

Contact: Patricia 087 358 6714

patricia.mcmonagle@alzheimer.ie

#### **BALLYBOFEY ALZHEIMER CAFE**

Date: Second Wednesday of Every month (Nov 12th)

Time: 11.30am-1pm

Location: Villa Rose Hotel F93 C2CF

Contact: Christine 087 778 7043 christine.kyohairwe@alzheimer.ie





## Donegal

# LETTERKENNY SUPPORT GROUP FOR FAMILY CARERS OF PEOPLE LIVING WITH DEMENTIA

Date: Last Wednesday of the month (Nov 26th)

Time: 12:00 - 13:30

Location: The Pastoral Centre, Monastery Avenue, Ard O Donnell,

Letterkenny. F92 HP66

Contact: Dawn Thompson - Dementia Adviser, North Donegal 087 3802957

dawn.thompson@alzheimer.ie

#### **BALLYSHANNON SOCIAL CLUB**

Date: Every 2nd and 4th Monday (Nov 10th, & 24th)

Time: 11am-1pm

Location: St Anne's Hall F94 WK70

Contact: Susanna 085 856 5799 susanna.wilson@alzheimer.ie

## **ULSTER**



# Monaghan

#### **CARRICKMACROSS SUPPORT GROUP**

Date: Second Monday of the Month (Nov 10th)

Location: Carrickmacross Library A81 HY83

Contact: Elaine/Siobhan 087 343 2944

#### **MONAGHAN SOCIAL CLUB**

Date: Every second Friday (Nov 7<sup>th</sup>, & 21st)

Location: St Joseph's Pastoral Centre, Broad Rd.

Mullagh, Monaghan H18 VK77

Contact: Siobhan 087 343 2944

#### **CASTLEBLAYNEY ALZHEIMER CAFE**

Date: Last Monday of the Month (Nov 24th)

Time: 11am-12:30pm

Location: Castleblayney Library Lough Mukno gate

lodge 2 Castleblayney. A75 V383

Contact: Elaine/Martin 087 978 3959

#### **MONAGHAN TOWN SUPPORT GROUP**

Date: First Wednesday of the month (Nov 5th)

Time: 11.30am-1pm

Location: Monaghan Library, Kilnacloy Co. Monaghan H18 RP20

Contact: Elaine/Martin 087 978 3959



#### **Azure**

Connecting through art: Looking at art can be a transformative experience. Art can move us, and prompt us to think or ask questions. IMMA's Azure tours give people living with dementia and those close to them; a family member, friends or professional carer, the opportunity to view and experience artworks together. During Azure, you will explore a selection of artwork from IMMA's Collection with an understanding and supportive facilitator who has received special training in dementia-inclusive arts programming.

The first Azure online session in July will cover 2 works by artist Stephen McKenna and our session in August will cover two works by Nick Mille. The dates for the online tours are:

- Friday 14<sup>th</sup> of November at 3pm
- Friday 21<sup>st</sup> November at 3pm

Contact: sundara.ohiggins@imma.ie